

Yoga Email Promo - 4 Day Self Preservation Challenge

Email 1

Subject: help me, help you

Alternate Subject: help

Preview: I'm only reaching out because I know you need to hear this.

Alternative Preview: If you're anything like me, you really need to take a look at this.

Dear [FirstName],

You have the chance, right now, to start living a happier life... I'm offering a [free four-day virtual yoga challenge](#) designed with you in mind.

[The 4 Day Self-Preservation Challenge](#) will eliminate:

- Chronic pain
- Exhaustion
- Mental anguish
- Emotional fatigue
- Social anxiety
- Crippling stress

If you're anything like me and seek freedom and healing of body and mind, I urge you to sign up for my [free Self-Preservation Challenge](#).

It's easy, free, and effective. In just four days, you'll feel happier, lighter, freer, and experience physical and mental rejuvenation and rebirth.

Enrollment is free, demand is high, and time is limited.

Don't wait, [sign up today](#).

I can't wait to accompany you on this journey.

[SIGN OFF]

Email #2

Subject: Help

Alternate Subject: What happened?

Preview:

Alternative Preview

Body:

Dear [FirstName],

If you're anything like me, you'd give anything to be rid of chronic pain, exhaustion, stress, social anxiety, and fatigue...

I can give it to you for free.

Right now, I'm offering a [free four day virtual Yoga challenge](#) that has helped people just like you attain freedom and healing.

With my free [4 Day Self-Preservation Challenge](#) you will:

- Heal physical maladies, naturally
- Relieve stress and anxiety
- Restore confidence and self-love
- Placate emotional turmoil
- Remedy physical, mental, and emotional exhaustion
- Generate a new and positive spirit

You're getting this message because you're exactly the kind of person I'm looking for to join me on this journey... and you're not the only one.

Enrollment is free, demand is high, and time is limited.

Don't wait, [enroll today](#).

I can't wait to accompany you on this journey.

[SIGN OFF]